## SUGGESTED OVERNIGHT BRING ALONGS...

Sleeping Bag, Blanket, Portable Mattress, Pillow, Ear Buds, Ear Plugs, Eye Masks

Warm Gear, Rain Gear, Change of Clothes

Waterproof Shoes or Change of Footwear

Medicine

Cell Phone

Food, Snacks, Beverages (no alcohol)

Cooler, Ice

Binoculars, Camera

Sunglasses, Reading Glasses

Notebook, Pencils

Hand Sanitizers, Wet Ones, Hand Towel, Tissues

Sun Block, Lip Balm

Wisp Toothbrushes, Mints, Lozenges

Baseball Cap, Bandana

Grip Shelf Liner to keep sleeping bag/mat from sliding